

GOOD'S

Mastectomy Service and Support



Goods of Kilkenny,
90 High Street Kilkenny
www.goods.ie

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If you have had a full or partial mastectomy, the selection and fitting of a suitable breast prosthesis is a vital part of the return to normal life.

In the case of a full mastectomy, it is essential that the breast prosthesis chosen matches your original size and shape, weight, feel, movement and appearance or in the case of a partial mastectomy that the prosthesis matches your remaining breast.

And because we are all different it is vital that the correct product is chosen and that the fitting is of the highest standard.

In Goods, fitting is our business - it is what we do day in and day out - and we have been fitting prostheses for many years. We understand the difficult time you have been through. And we are



committed to ensuring that if you come to us for this service you will look and feel your best when you leave the store.

For further information or for

an appointment ring me, Mary Massey, on my direct line at 056 7789450 or through reception at 056 7722143.

Mary Massey
Specialist in Prosthesis Fitting

WHAT IS A BREAST PROSTHESIS?

A breast prosthesis is an artificial breast form that fits in a bra cup to replace your natural breast. It is most often used after surgery for breast cancer, either after a mastectomy (removal of the breast) or a wide local excision (removal of a lump and some surrounding tissue). A well fitting prosthesis will help your posture and give you a completely natural look.



To help you choose the right prosthesis you need to consult a trained fitter and you need plenty of time and privacy. At Goods we have a fully qualified and highly experienced fitter, Mary Massey, who will ensure that you are fitted with the correct prosthesis. Fittings are done by appointment in our private fitting room and are fully confidential.

You should speak to your Breast Care Nurse about your entitlement to free prosthesis and bras.

CHOOSING A BRA

To make sure your prosthesis is comfortable and fits well you need to have a well fitting bra and it is important that you see a bra fitter who has been specially trained to fit women who have had breast surgery.

Goods carries a wide range of bras designed specially for meeting the special needs and wishes of women who have undergone breast surgery.



All bras are made of soft, skin-friendly materials. They have a slightly higher-cut, stretch neckline and a wide, softly elastic underbust band which holds the breast form firmly in place. The straps become wider in the larger sizes to ensure comfortable support. The range covers the entire design scope from sporty, smooth bras through to bras with ultra-feminine and elegant details.

SWIMWEAR



At Goods, we also stock a comprehensive range of swimwear featuring a higher-cut neckline so that you can feel confident and secure both in and out of the water. The arm styling is also designed for the special requirements of the wearer.

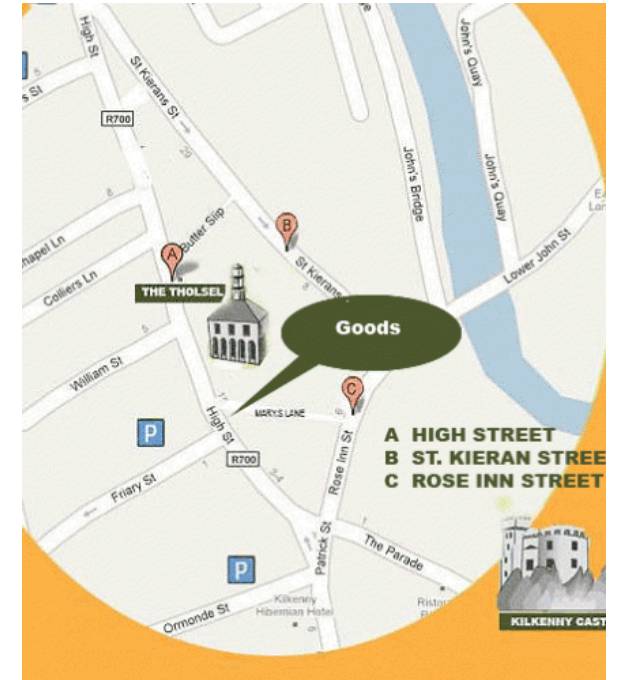
The breast form pockets are integrated on both sides and have a concealed side opening. The sewn-in bust lining and underbust band provide optimum support.

And if you would like to continue wearing your favourite swim suit, we also offer a sew-in pocket service.

GOOD'S

We are conveniently located just up from the Town Hall on High Street in the centre of Kilkenny City.

Parking is close by at Friary St, Ormonde St and Market Yard Car Parks.



Opening hours:

9.30am—6pm (Monday to Saturday)

Closed Sundays and Bank Holidays

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